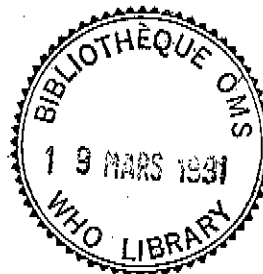




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HEALTHY CITIES
Fifth Annual Symposium

ADDENDUM

Annex 7, Reports on the Multi-City Action Plan Workshops

Please add the attached reports on Nutrition and AIDS
to the collection of Workshop reports.

1991

EUR/HFA target 13

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TARGET 13

Healthy public policy

By 1990, national policies in all Member States should ensure that legislative, administrative and economic mechanisms provide broad intersectoral support and resources for the promotion of healthy lifestyles and ensure effective participation of the people at all levels of such policy-making.

Index:

URBAN HEALTH
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HOUSING
CONSUMER PARTICIPATION
SOCIOECONOMIC FACTORS
TRANSPORTATION
INTERSECTORIAL PLANNING
ENVIRONMENTAL HEALTH
CONGRESSES

NUTRITION

Facilitator: John Ashton

Participating cities: Eindhoven, Horsens, Liverpool, Rennes and Valencia

Coordinating city: Liverpool

Contact persons:

Healthy Cities Project Office Heather MacDonald, Consultant, Healthy Cities Project, WHO Regional Office for Europe

WHO Regional Office for Europe Regional Officer for Nutrition

Nutrition Multi-City Action Plan coordinating city John Ashton
Senior Lecturer, Department of Community Health, University of Liverpool

Present at the meeting: Amadora, Eindhoven, Frankfurt, Horsens, Liverpool, Rennes, Valencia

Recommendations

In addition to the original proposals made two years ago, it is suggested that:

- a database on nutrition and supermarket data be created to provide an additional source of data for the indicators project (health/deprivation index);
- data be collected on the weight and height of different social groups found in a given city;
- possibilities be created to increase the choice of healthy food in European cities; this would contribute greatly to creating a supportive environment in the field of nutrition.

Forward planning

1. It was agreed to continue with the Multi-City Action Plan nutrition programme that began two years ago as a collaboration between Liverpool and Valencia. This recommendation was included in the document entitled "Promotion of healthy eating as a part of the European food and shopping research".
2. Funding for the project will be found locally.
3. Funding will be applied for from the European Economic Community programme for concerted action.
4. The first meeting will probably be in Valencia at the beginning of 1991.

