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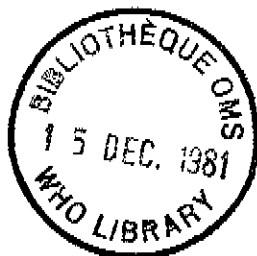
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ORGANISATION MONDIALE DE LA SANTÉ
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ВСЕМИРНАЯ ОРГАНИЗАЦИЯ ЗДРАВООХРАНЕНИЯ
ЕВРОПЕЙСКОЕ РЕГИОНАЛЬНОЕ БЮРО

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SECOND MEETING OF RESEARCHERS FROM
COLLABORATING AND SELECTED PARTICIPATING
CENTRES ASSOCIATED WITH THE MEDIUM-TERM
PROGRAMME IN NURSING/MIDWIFERY IN EUROPE

Report on a Meeting

Kiel

3-7 March 1980

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1. Introduction

The Second Meeting of Researchers from Collaborating and Participating Centres associated with the Medium-term Programme in Nursing/Midwifery in Europe was convened in Kiel from 3 to 7 March 1980 by the WHO Regional Office for Europe in collaboration with the Governments of the Federal Republic of Germany and the State of Schleswig-Holstein. The group comprised 22 temporary advisers from Belgium (1), Berlin (West) (1), Denmark (2), the Federal Republic of Germany (4), Finland (2), France (1), the Netherlands (1), Norway (1), Sweden (2), Switzerland (2), the United Kingdom (4) and the USA (1), together with 4 members of the Regional Office staff (for list of participants see Annex II).

The purpose of the meeting was:

- (1) to provide an opportunity for national nursing officers, programme managers of collaborating centres and contact persons from type I and II participating centres to exchange information on the progress accomplished since the first meeting and to discuss programme activities generally;
- (2) to further develop plans for continuation of the work done in the collaborating centres, and for the activities of the type I and II participating centres and the Regional Office, with particular reference to the development of designs for standardized studies of nursing interventions and of national studies related to the nursing process;
- (3) to discuss the reports of three subcommittees on selection of cohorts, design development, and preparation of teaching and reference materials and, where necessary, to analyse the problems encountered with a view to finding appropriate solutions;
- (4) to hold a one-day seminar on nursing research and information systems relevant to such research.

Dr D.K. Sokolov, Director, Development of Comprehensive Health Services, formally opened the meeting on behalf of the Regional Director, Dr Leo A. Kaprio. He emphasized the importance of nursing research within the overall health services research programme of the Regional Office and expressed the hope that it would lead to better ways of providing good-quality nursing care for individuals, families and the community. Professor F. Beske, Secretary of State for Health of Schleswig-Holstein, welcomed the group on behalf of the Ministry for Youth, Family Affairs and Health of the Federal Republic of Germany and the Ministry of Social Affairs of Schleswig-Holstein. He, too, referred to the importance of nursing research and particularly the need to develop new knowledge and technology to be applied by nurses in providing care.

The meeting was organized in a somewhat different way from the usual pattern, in that the third day of the five-day session was devoted to a seminar on nursing research.

2. Exchange of information and discussions on the progress of the medium-term programme

The aim of the first two days of the meeting was to inform a wide audience, including the programme managers of the collaborating centres and the nurse contact persons of selected type I participating centres, of the progress made in the programme.

Dr Hall and Miss Stussi presented the historical background of the medium-term programme in nursing/midwifery in Europe and the recent development of the research component, including its management on a multinational level with the contribution of the collaborating and type I, II and III participating centres.

The description of these centres, their functions, activities and criteria for selection were discussed, reference being made to document EURO/NURS/80.1^a. The group was informed that the designation of type I participating centres would need to be completed in the near future (by July 1980). It was hoped that current negotiations in progress with Czechoslovakia, the Federal Republic of Germany, Greece and Yugoslavia would enable those countries to join the research project by providing type I centres. An official letter recognizing type I participating centres would be sent to each of the type I centres by the Regional Office. Miss Kristiansen informed the group that the type I participating centre in Stavanger, Norway, would not participate in the field testing of the protocols and schedules, but wished to participate in the standardized studies.

^a WHO Regional Office for Europe, medium-term programme in nursing/midwifery in Europe: Information on collaborating and participating centres (EURO/NURS/80.1)

A review of the discussions which took place at the meeting of programme managers, held in September 1979 and at the meetings of the three subcommittees on cohorts, design development and the teaching package (see section 4 below) was presented. Reports from these meetings were made available to the group.

The draft outline of the research design was presented by Dr Hall and Miss Ashworth. Special emphasis was given to the statements outlining the purpose and the objectives of the study. The design was to be finalized in the second quarter of the year and would be available for distribution.

The programme managers from eight collaborating centres and the nurse contact persons for the Belgian and Norwegian type I participating centres each gave a report on their activities since June 1979. Copies of these reports were distributed to the group. The main points of interest were: progress in the selection of type I participating centres (United Kingdom, Switzerland), requests for national funding of nursing research (United Kingdom, Switzerland), creation of a nursing research institute by the Danish Nurses' Organization, conduct of courses on the nursing process and of workshops on nursing research, national meetings of staff from type I and II participating centres (Finland), development of in-service education programmes and patient-centred care using standard nursing care plans (Belgium), interest of type II participating centres in clinical research (Norway).

Two lectures on the role of multinational research in the field of nursing were given. Dr Lelean treated the subject from the point of view of a nursing officer responsible for research at the national level, and Mrs Holm-Christensen, from the point of view of a professional association (Danish Nurses' Organization).

Both speakers pointed out the growing interest of nurses in nursing research and their need to increase multinational contacts in order to share their findings and discuss common problems concerning the development of patient/client-centred research aimed at improving the quality of care. Copies of the lectures were distributed to participants.

3. Seminar on nursing research

Dr Hegyvary and Mr Esterman presented papers on quality assurance and data management respectively. Professor Griesser participated in the discussions as a resource person.

4. The research element of the medium-term programme: meeting of programme managers

4.1 Proposed outline for the design of a multinational study of nursing interventions in selected patient/client situations

A first draft of the above-mentioned outline, prepared by the secretariat in February 1980, had served as a basis for the work of the subcommittee on design development, which produced the second draft presented to and discussed with all programme managers.

Modifications were made to the statement of the problem and the purpose and objectives of the study. The revised text for these items was then accepted by the group. Further improvements needed to be made to the introduction to the document; Miss Farmer agreed to prepare a final version and to send it to the Regional Office by 1 April 1980. A draft outline of the conceptual framework was prepared and presented to the group by Miss Ashworth. In order that the statement on the conceptual framework should reflect the situation with regard to nursing in various countries of the Region, it was decided that each programme manager should send complementary references, ideas and bibliographical references (in English) to Miss Ashworth by 31 March 1980. Miss Ashworth would then integrate these references in the text, together with references related to the Regional Office's medium-term programme in nursing/midwifery and to the nursing process, and send this second draft to the Regional Office by 11 April 1980.

It was recommended that the study design should be completed as soon as possible in order to facilitate the development of the project. In order to achieve this it was proposed that, subject to the approval of the Regional Director, Miss Farmer, Miss Sorvettula and Dr Lorensen be invited to the Regional Office from 14 to 30 April 1980 for the purpose of finalizing the draft design before the end of May 1980.

It was also suggested that the draft study design should then be submitted for comments to the Regional Office's in-house committee on research and to an independent committee convened by the Regional Office and comprising a nurse researcher and an expert in health services research.

The group also discussed the necessity of obtaining ethical clearance for the research at the national level. Given the various national settings, it was felt that this matter would need to be taken care of within each country. A list of references related to current thinking regarding ethics in human health research should be proposed by the secretariat.

The flow chart developed by the Design Development Subcommittee was also discussed and, with the omission of the baseline study (see section 4.3), was accepted by the group. It was agreed that the chart was extremely useful and could serve as a basis for the subsequent development of PERT charts.

4.2 Community/ward profile

Miss Sorvettula presented the second draft of a document she had prepared to collect data concerning the type I participating centres. It was agreed that this data sheet should be field tested before use. The programme managers agreed to complete the questionnaire for each of their type I participating centres and to send the sheets to the Regional Office by 1 May 1980. The information would be tabulated by the secretariat and the results presented at the Second Meeting of Programme Managers from Collaborating Centres associated with the Medium-term Programme in Nursing/Midwifery in Europe, Stavanger, 2-6 June 1980. If necessary, modifications would then be made to the document.

4.3 Baseline study

During the discussions related to 4.1 and 4.2, the group discussed at length whether or not a baseline study should be conducted in all of the type I participating centres. As the preparation of tools for such a baseline study would take at least one to one-and-a-half years and would need, in many instances, resources in addition to those available, it was decided that:

(1) the research to be conducted within the medium-term programme in nursing/midwifery would not include the baseline study. The research *per se* would start in the participating centres after the introduction of change, i.e., after the nursing personnel had received the in-service education programme preparing them to provide care using the nursing process method;

(2) the countries wishing to conduct a baseline study as a national project would do so, starting as soon as possible, in order to ensure that data were collected before the in-service education programmes referred to in (1) above began.

It was made clear that the research to be conducted within the medium-term programme was "descriptive research", but that the study situations would be manipulated prior to the collection of data by introducing staff to the provision of nursing care using the nursing process method.

4.4 Development of protocols and schedules

Following the completion of the study design, the group agreed that the next step to be taken was the development of the protocols and schedules and their subsequent field testing. It was felt that the preparation of draft protocols and schedules should be delegated to a subgroup of programme managers. This group should have the advice of an experienced nurse researcher who should be recruited as a resource person.

It was suggested that, subject to approval by the Regional Director, a subcommittee composed of Miss Ashworth, Miss Déchanoz and Dr Lorensen should be invited to the Regional Office from 7 June to 18 July 1980 and that Dr Hegyvary be asked to serve as the resource person for this group from 7 to 27 June 1980. It was also recommended that the statisticians, programme analysts and other relevant information experts from both the Regional Office and the Danish Nurses' Organization should be invited to act as resource persons during the work of this subcommittee.

4.5 Subcommittee on the teaching package

The report of this subcommittee was presented to the group by Miss van Maanen. The secretariat informed the group that modules I, II and III (WHO global, Europe, and the medium-term programme) would be produced by the Regional Office. Taking into account the suggestions of the group as a whole and those of the programme managers, it was decided that the production of the first four modules should be accomplished in the very near future and that consideration would be given, when possible, to the development of self-teaching material.

It was suggested that module IV (nursing process) should be developed by a subcommittee composed of Miss Delmotte, Miss van Maanen, Dr Anna Kordas or her deputy, Miss J. Gorajek, and that this group should also be provided with the assistance of a resource person. The group agreed that

Dr Penny Proffit would be a suitable person to act in this capacity. Subject to clearance by the Regional Director, this subcommittee would be invited to Copenhagen for six weeks in July and August (dates to be confirmed).

The group recommended that ways of producing and eventually selling the teaching package, or at least its fourth module, be given careful consideration.

4.6 Subcommittee on cohorts

Miss Farmer presented the report of the subcommittee (the text was made available to participants). Following discussions, the group agreed:

- (1) to replace the term "cohort" by "study group";
- (2) to include the additional criterion of "urinary incontinence" for the selection of the elderly study group;
- (3) on the need to define "urinary incontinence" very precisely in order to avoid any confusion.

4.7 Definition of terms

The need to develop a glossary of terms was expressed by many members of the group. A list of terms needing definition was already in existence and the group added to this during the discussion. A subcommittee consisting of Dr Lorensen, Miss Paillard, Miss Ashworth and Miss Stussi was established to define the terms in question and to identify others which also required definition. This subcommittee started its work in Kiel and it was agreed that the members would complete their task by correspondence. The following outline for the work of the subcommittee was set up:

- (1) members would send their definitions of terms to Dr Lorensen by 11 April 1980;
- (2) Dr Lorensen would finalize the draft definitions and send 11 copies of the draft paper to the Regional Office by 1 May 1980;
- (3) the Regional Office would send one copy to each of the collaborating centres for study by the programme managers;
- (4) the definitions would be finalized at the meeting of programme managers to be held in Stavanger, 2-6 June 1980.

It was suggested that reference be made to Glossary of health care terminology (Public Health in Europe No. 4), and selected literature. Regarding translation into the working languages of the WHO European Region (English, French, German and Russian), it was suggested that contacts should be re-established with Miss A. Grauhan and Miss N. Exchaquet who had agreed at the Nottingham meeting to undertake translation into German and French respectively. For translation into Russian, an expert should be located by the Regional Office.

4.8 Progress reports from collaborating centres

Following the decision taken at the first meeting of researchers in May/June 1979, the Regional Office and each programme manager had received from each collaborating centre the two first progress reports (September 1979 and January 1980). Some programme managers expressed the desire to have an outline for the preparation of these reports so that they could be presented in a more standardized way. Thus, two programme managers prepared a draft outline of this kind, which was subsequently discussed and accepted by the group (see Annex I).

It was also decided that each collaborating centre should send the 11 copies of the report of the centre to the Regional Office, which would accept responsibility for sending one copy to each of the other collaborating centres.

LIST OF PARTICIPANTS

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^a Participation expenses not paid by WHO

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^a Participation expenses not paid by WHO