

19. Training package for a family member of an adult who shows strange behaviour

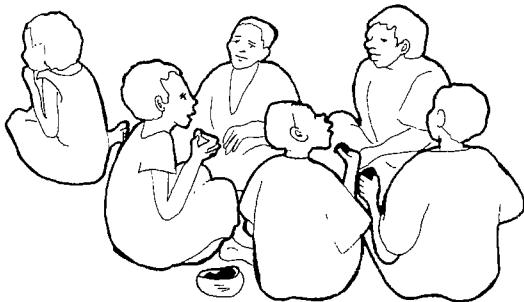
Information about the disability and what you can do about it

Strange behaviour is caused by an illness

■ A person who shows strange behaviour is someone who thinks, acts, or talks in a very different way from other people. He or she has not always behaved this way. The person has changed.

The person's behaviour may have changed suddenly in just a few days or it may have changed slowly over many months.

Strange behaviour is caused by an illness inside the head. Because of the illness, the person cannot behave as before. He or she needs to be understood and helped by family and friends.



■ The person with this illness cannot think clearly or understand what has happened. The person may not know that he or she is ill or understand how this affects other people.

You and the family need to understand that the person behaves strangely because of the illness.

How the person may behave

■ The person you train may show only some of the behaviour described in this package.

The person may show strange behaviour only at certain times. At other times the person's behaviour may not be strange but perfectly normal, just as before the illness.

■ When the illness began, it may have looked as if the person was very worried. You may have seen that the person could not do the things that he or she had done before. The person may have appeared less interested in life.