

Chapter 8

Human Settlements and Urbanization

Learning Objectives:

After studying this chapter you will be able to:

- describe the basic requirements of human settlements;
- discuss the principles governing healthy housing (e.g. how overcrowding is related to illness);
- discuss the health problems related to urbanization;
- understand the principles of 'healthy city' planning, and be able to develop a strategy to implement this approach in a given setting.