

ab1649

WHO/RPC/99.1  
Distr.: Limited  
English only

# **STRESS AND ADAPTATION: FROM SELYE'S CONCEPT TO APPLICATION OF MODERN FORMULATIONS**

This document arises from a WHO meeting held in Montreal, Canada, on 21-23 September 1998. It considers the definition of stress and adaptation: from Selye's concept to the application of modern formulations.

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