

## References

- Abiodun OA (1998) Psychotropic drug use in primary health care units in Nigeria. *East African Medical Journal*, 75(6): 339-41.
- Alarcon RD, Aguilar-Gaxiola SA (2000) Mental health policy development in Latin America. *Bulletin of the World Health Organization*, 78(4): 483-490.
- Andrews G et al. (2000) Why does the burden of disease persist? Relating the burden of anxiety and depression to effectiveness of treatment. *Bulletin of the World Health Organization*, 78: 446-454.
- Baker JG (2001) Engaging community mental health stakeholders in pharmacy cost management. *Psychiatric Services*, 52(5): 650-653.
- Barbui C et al. (2001) Psychotropic drug use in Italy, 1984-99: The impact of a change in reimbursement status. *International Clinical Psychopharmacology*, 16: 227-233.
- Boston University. PRDU course. Can be downloaded (acknowledgement appreciated) from <http://dcc2.bumc.bu.edu/prdu/default.html>
- Bower P et al. (2000) Randomised controlled trial of non-directive counselling cognitive behaviour therapy, and usual general practitioner care for patients with depression. II. Cost-effectiveness. *British Medical Journal*, 321: 1389-1392.
- Bowles JR (1995) Suicide in Western Samoa: an example of a suicide prevention program in a developing country. In: Diekstra RFW, Gulbinat W, Kienhorst I, De Leo D, eds. *Preventive Strategies on Suicide*. Leiden: Brill: 173-206.
- Chatterjee S et al. (2003) Evaluation of a community-based rehabilitation model for chronic schizophrenia in a rural region of India. *British Journal of Psychiatry*, 182: 57-62.
- Chaudhury RR (1999) Rational use of drugs: Delhi's change in policy saves lives. *Essential Drugs Monitor*, 27: 2-4.
- Cramer J, Rosenbeck R (1998) Compliance with medication regimens for mental and physical disorders. *Psychiatric Services*, 48: 196-201.
- Davis DA et al. (1995) Changing physician performance. A systematic review of the effect of continuing medical education strategies. *Journal of the American Medical Association*, 274: 700-705.
- De Vries TPGM et al. (1994) *Guide to Good Prescribing. A Practical Manual*. Geneva: World Health Organization. WHO/DAP/94.11.
- Dixon L, Adams C, Lucksted A (2000) Update on family psycho-education for schizophrenia. *Schizophrenia Bulletin*, 26: 5-20.
- DSE (German Foundation for International Development) (1995) Drug information centres in developing countries. In: Report of an international seminar on Improving Drug Information Systems in Developing Countries, 28 May - 3 June 1995. Berlin: DSE.
- Edwards G, Marshall EJ, Cook CCH, eds (1997) *The Treatment of Drinking Problems: A Guide to Helping Professionals*. 3rd edition. Cambridge: Cambridge University Press.

Fresle D, Wolfheim C (1997) *Public Education in Rational use of Medicines*. Geneva: World Health Organization. WHO/DAP/97.5.

Gomel MK et al. (1995) Cost-effectiveness of strategies to market and train primary health care physicians in brief intervention techniques for hazardous alcohol use. *Social Science and Medicine*, 47: 203-211.

Grimshaw J, Russell IT (1993) Effect of clinical guidelines on medical practice: a systematic review of rigorous evaluations. *Lancet*, 342: 1317-1322.

Guiscafre H et al. (1995) From research to public health interventions. 1. Impact of an educational strategy for physicians to improve treatment practices of common diseases. *Archives of Medical Research*, 26 Special No: S31-39.

Gureje O, Alem A (2000) Mental health policy development in Africa. *Bulletin of the World Health Organization*, 78: 475-482.

Gutierrez G et al. (1994) Changing physician prescribing patterns: evaluation of an educational strategy for acute diarrhoea in Mexico City. *Medical Care*, 32: 436-446.

Heather N (1995) Treatment approaches to alcohol problems: European Alcohol Action Plan. WHO Regional Publications, *European Series*, No. 65. Copenhagen: WHO Regional Office for Europe.

ILAE/IBE/WHO (2000) Global campaign against epilepsy. Geneva: World Health Organization

Indian Council of Medical Research (ICMR) (2001) Epidemiological study of child and adolescent psychiatric disorders in urban and rural areas. New Delhi: Indian Council of Medical Research (unpublished data).

Kaiser C et al. (1998) Antiepileptic drug treatment in rural Africa: involving the community. *Tropical Doctor*, 28(2): 73-77.

Kampman O, Lehtinen K (1999) Compliance in psychosis. *Acta Psychiatrica Scandinavica*, 100: 167-175.

Kapczynski F, et al. (2001) Use and misuse of benzodiazepines in Brazil: A review. *Substance Use and Misuse*, 36(8): 1053-1069.

Kellerman AL et al. (1992) Suicide in the home in relation to gun ownership. *New England Journal of Medicine*, 327: 467-472.

Laing RO, Hogerzeil HV, Ross-Degnan D (2001) Ten recommendations to improve use of medicines in developing countries. *Health Policy and Planning*, 16(1): 13-20. (downloadable from <http://dcc2.bumc.bu.edu/richardl/IH820/resource.htm> ).

Laing RO, Ruredzo R (1989) The essential drugs programme in Zimbabwe: New approaches to training. *Health Policy and Planning*, 4(3): 229.

Leff J, Gamble C (1995) Training of community psychiatric nurses in family work for schizophrenia. *International Journal of Mental Health*, 24: 76-88.

Leon DA, Shkolnikov VM (1998) Social stress and the Russian mortality crisis. *Journal of the American Medical Association*, 279(10): 790-791.

Lester D (1995) Preventing suicide by restricting access to methods for suicide. In: Diekstra RFW, Gulbinat W, Kienhorst I, De Leo D, eds. *Preventive Strategies on Suicide*. Leiden: Brill: 163-172.

Lester D, Murrell ME (1980) The influence of gun control laws on suicidal behaviour. *American Journal of Psychiatry*, 137: 121-122.

Linden M et al. (1999) The prescribing of psychotropic drugs by primary care physicians: An international collaborative study. *Journal of Clinical Psychopharmacology*, 19(2): 132-140.

Mani KS et al. (2001) Epilepsy control with phenobarbital or phenytoin in rural south India: the Yelandur study. *Lancet*, 357: 1316-1320.

Mishara BL, Ystgaard M (2000) Exploring the potential for primary prevention: Evaluation of the Befrienders International Reaching Young People Pilot Programme in Denmark. *Crisis*, 21(1): 4-7.

Mohit A et al. (1999) Mental health manpower development in Afghanistan: A report on a training course for primary health care physicians. *Eastern Mediterranean Health Journal*, 5: 231-240.

MSH (2002) *International Drug Price Indicator Guide*. Washington, DC.: *Management Sciences for Health*. (Annual publication, in collaboration with WHO, Online access at: <http://erc.msh.org>).

Mubbashar MH (1999) Mental health services in rural Pakistan. In: Tansella M, Thornicroft G, eds. *Common Mental Disorders in Primary Care*. London: Routledge.

NIDA (2000) *Principles of drug addiction treatment: A research-based guide*. Bethesda, MD, National Institute on Drug Abuse, NIH Publication No.00-4180.

Notzon FC et al. (1998) Causes of declining life expectancy in Russia. *Journal of the American Medical Association*, 279(10): 793-800.

Nunley M (1996) Why psychiatrists in India prescribe so many drugs. *Culture, Medicine & Psychiatry*, 20:165-197.

Patel V et al. (1998) Poverty, psychological disorder and disability in primary care attenders in Goa, India. *British Journal of Psychiatry*, 172: 533-536.

Patel V et al. (2003) Efficacy and cost-effectiveness of drug and psychological treatments for common mental disorders in general health care in Goa, India: A randomised controlled trial. *Lancet*, 361 (9351): 33-39.

Pharaoh FM, Marij J, Streiner D (2000) Family intervention for schizophrenia. *Cochrane Collaboration database of systematic reviews*, 1: 1-36.

Quick JD et al., eds. (1997) *Managing Drug Supply*. 2nd ed. West Hartford, Connecticut, Kumarian Press.

Rutz W, Knorrning L, Walinder, J (1995) Long-term effects of an educational program for general practitioners given by the Swedish Committee for the Prevention and Treatment of Depression. *Acta Psychiatrica Scandinavica*, 85: 83-88.

- Salzman C (1995) Medication compliance in the elderly. *Journal of Clinical Psychiatry*, 56:Suppl 1:18-22.
- Scott RA, Lhatoo SD, Sander JWAS (2001) The treatment of epilepsy in developing countries: Where do we go from here? *Bulletin of the World Health Organization*, 79: 344-351.
- Sriram TG et al. (1990) Training primary care medical officers in mental health care: An evaluation using a multiple choice questionnaire. *Acta Psychiatrica Scandinavica*, 81: 414-417.
- Tansella M (2000) Making mental health services work at the primary level. *Bulletin of the World Health Organization*, 78: 501-502.
- Tansella M, Thornicroft G, eds. (1999) *Common Mental Disorders in Primary Care*. London: Routledge.
- Thompson C (1994) The use of high-dose antipsychotic medication. *British Journal of Psychiatry*, 164, 448-458.
- Thornicroft G, Sartorius N (1993) The course and outcome of depression in different cultures: 10-year follow-up of the WHO Collaborative Study on the Assessment of Depressive Disorders. *Psychological Medicine*, 23: 1023-1032.
- Trap B, Hansen EH, Hogerzeil HV (2002) Prescription habits of dispensing and non-dispensing doctors in Zimbabwe. *Health Policy and Planning*, 17(3): 288-295.
- VMPF (1995) *Psychotropic Drug Guidelines*, 3rd Edition. Melbourne: The Victorian Medical Postgraduate Foundation (VMPF).
- Vroublevsky A, Harwin J (1998) Russia. In: Grant M, ed. *Alcohol and Emerging Markets: Patterns, Problems and Responses*. Philadelphia: Brunner Mazel: 203-223.
- Wang PS et al. (2000) Initiation of and adherence to treatment for mental disorders: examination of patient advocate group members in 11 countries. *Medical Care*, 38: 926-936.
- Ward E et al. (2000) Randomised controlled trial of non-directive counselling, cognitive behaviour therapy and usual general practitioner care for patients with depression. I: Clinical effectiveness. *British Medical Journal*, 321: 1381-1388.
- WHO (1988) *Ethical Criteria for Medicinal Drug Promotion*. Geneva: World Health Organization.
- WHO (1993) How to investigate drug use in health facilities. Selected drug use indicators. *EDM Research Series No.7*. Geneva: World Health Organization. WHO/DAP/93.1.
- WHO (1996a) Guidelines for implementation of the WHO Certification Scheme on the Quality of Pharmaceutical Products Moving in International Commerce. Thirty-fourth report of the WHO Expert Committee on Specifications for Pharmaceutical Preparations. *WHO Technical Report Series No.863*, Annex 10. Geneva: World Health Organization.
- WHO (1996b) WHO Brief Intervention Study Group: a cross-national trial of brief interventions with heavy drinkers. *American Journal of Public Health*, 86: 948-955.

WHO (1997a) The use of common stems in the selection of International Nonproprietary Names (INN) for pharmaceutical substances. Geneva: World Health Organization. WHO/EDM/QSM/99.6.

WHO (1997b) Certification Scheme on the Quality of Pharmaceutical Products Moving in International Commerce. Geneva: World Health Organization. WHO/PHARM/82.4, Rev.5.

WHO (1997c) Public-private roles in the pharmaceutical sector: Implications for equitable access and rational use. *Health Economics and Drugs DAP Series No. 5*, Action Programme on Essential Drugs. Geneva: World Health Organization.

WHO (1998a) Health reform and drug financing. Selected topics. *Health Economics and Drugs EDM Series No.6*. Geneva: World Health Organization. WHO/DAP/98.3.

WHO (1998b) Marketing authorization of pharmaceutical products with special reference to multisource (generic) products. A manual for a drug regulatory authority. Regulatory Support Series No.5. Geneva: World Health Organization. WHO/DMP/RGS/98.5.

WHO (1998c) *Ethical Criteria for Medicinal Drug Promotion*. Geneva: World Health Organization.

WHO (1999a) Operational principles for good pharmaceutical procurement. The Interagency Pharmaceutical Coordination (IPC) Group. Interagency document. Geneva: World Health Organization; WHO/EDM/PAR/99.5. Can be downloaded from: <http://www.who.int/medicines/library/par/who-edm-par-99-5/who-edm-par-99-5.htm>

WHO (1999b) Guidelines for inspection of drug distribution channels. Thirty-fifth report of the WHO Expert Committee on Specifications for Pharmaceutical Preparations. *WHO Technical Report Series No.885*, Annex 6. Geneva: World Health Organization.

WHO (2000) WHO Medicines Strategy. Framework for action in essential drugs and medicines policy 2002-2003. Geneva: World Health Organization. WHO/EDM/2000.1.

WHO (2001a) *The World Health Report 2001. Mental health: New Understanding, New Hope*. Geneva: World Health Organization. Downloadable from [www.who.int/whr/2001/main/en/index.htm](http://www.who.int/whr/2001/main/en/index.htm)

WHO (2001b) How to develop and implement a national drug policy. 2nd edition. Geneva: World Health Organization.

WHO (2001c) *Atlas: Mental Health Resources in the World 2001*. Geneva: World Health Organization.

WHO (2001d) Updating and disseminating the WHO Model List of Essential Drugs: the way forward. (Revised version, 10 September 2001). (<http://www.who.int/gb/EB-WHA/PDF/EB109/eeb1098.pdf>)

WHO (2001e) Policy Perspective on Medicines, No. 3. Globalization, TRIPS and access to pharmaceuticals. Geneva: World Health Organization.

WHO (2001f) Core indicators on country pharmaceutical situations. Working draft. Geneva: World Health Organization, June.

WHO (2002a) WHO Model Formulary. Geneva: World Health Organization.

WHO (2002b) The selection of essential medicines. *WHO Policy Perspectives on Medicines* N° 4. Geneva: World Health Organization.

WHO (2002c) Promoting rational use of medicines: Core components. WHO policy perspectives on medicines N° 5. WHO, Geneva.

WHO, Health Action International (2002) Project on drug price comparisons. Unpublished data. A technical project of the WHO-Public Interest NGO Round Table on Access to Medicines. Geneva: World Health Organization.

WHO (2003a) 12th WHO Model List of Essential Medicines. Geneva: World Health Organization. April 2002.

13th Model List of Essential Medicines downloadable from:

<http://www.who.int/medicines/organization/par/edl/edl2002core.pdf>

Full report from Expert Committee downloadable from:

<http://www.who.int/medicines/organization/par/edl/expertcomm.shtml>

WHO (2003b) How to investigate drug use in communities. *EDM Research Series* No.2. Geneva: World Health Organization. Revised version in preparation.

Wilk AI, Jensen NM, Havighurst TC (1997) Meta-analysis of randomized control trials addressing brief interventions in heavy alcohol drinkers. *Journal of General Internal Medicine*, 12: 274-283.

World Bank (2000) Technical Note on Procurement of Health Sector Goods. Washington, DC.: World Bank, May. Can be downloaded from:

<http://www.worldbank.org/html/opr/biddocs/health/htechnote-1.html>